



November 26, 2018

## From the Director's Desk

In my daily life I try to be conscious of all the wonderful things around me. Remembering the things I am grateful for helps me to focus on the positive things in this world. I am spending the Thanksgiving holiday with my family, but will also be giving thanks for my extended Childgarden family. Thank you to our staff, children, and family members who make Childgarden the wonderful place that it is.

When you use the front entrance at Childgarden, you may have noticed the "Tree of Thanks" on the front wall. We invite staff, children, and family members to add a leaf to the tree sharing something for which they are thankful. Blank leaves and markers are available at Mollie's desk. Help us fill the wall with thanks!

-Debbie

## St. Louis Arc Family Workshop Series

### Positive Parenting Interventions and Supports

**Wednesday, November 28**

**4:30 - 6:00 p.m.**

**Location: Childgarden**

Join us for this positive approach to meeting the challenges of everyday life. Learn new ways to set up the many environments of your child's life for success! We invite you to consider changes that will increase your child's success and decrease your own frustration. We'll discuss effective ways of setting limits and creating manageable household rules that will lead to building positive interactions and loving relationships within your family. This workshop will include time for specific questions and brainstorming within the audience.



Please RSVP for the workshop as low enrollment will result in cancellation. I highly encourage you to look at the complete [Family Workshop Series](#), being offered at the St. Louis Arc.

## Holiday Schedule

A quick reminder that Childgarden will be closed December 24-26 for the holidays. We will be posting Christmas week attendance forms on/by your child's classroom door in the coming days. Please take a minute to record the days that your child will be attending during the holiday.

Knowing how many children to expect each day is important in staffing the center during that week.

## Gracie is on Her Way!

Gracie the Reindeer will be returning from the North Pole soon. This will be the fourth year that Gracie will visit Childgarden children and families.

Make sure to stop by the front desk to say "Hi" in the coming weeks!



## Tax Information

Linda will be sending information regarding your childcare expenses for your 2018 taxes. You will receive these documents via email in early January.