



April 29, 2019

From the Director's Desk

This summer all of our classrooms are participating in composting. The classrooms are saving items left over from their Childgarden meals and adding them to our compost bin. The children in Bluebirds have been studying the various parts of plants and have started their own nursery this year, successfully growing many plants from seeds. Many of the plants from Bluebirds will find a home in our garden!

In years past, many parents have graciously donated plants for our garden. If you are interested in donating this year, please keep an eye out for a list of needed plants for your child's classroom.

-Debbie



Needs Survey

This year, United Way is conducting a Community Needs Survey across its 16-county service area in Missouri and Illinois to gain a deeper understanding of how to make our region healthier, stronger and safer for all.

It is important to hear from as many people in the area as possible, so I'm hoping you'll take the survey by clicking [here](#).

As you may know, the St. Louis Arc is a United Way funded agency and Childgarden is the recipient of much of that funding. These surveys will directly impact how agencies are funded moving forward. All answers are anonymous, and the survey should take less than 15 minutes to complete. Thanks for your participation!



Every Kid Healthy Week

April 22-26 was Every Kid Healthy Week. This special week shines a spotlight on the great efforts schools are making to improve the health and wellness of their students and the link between nutrition, physical activity, and learning - because healthy kids are better prepared to learn!

Our very own Chef Alysha, in collaboration with the St. Louis Arc's Director of Nutritional Services, Kate Rug, created a video showcasing one of Alysha's special homemade snacks.

Childgarden has made many positive changes to our menu over the past few years, all with the end goal of providing highly nutritional meals and snacks....that taste great! Let us know how you think we're doing!



Granola Bars

May 1: GiveSTL Day

St. Louis Arc is excited to be part of Give STL Day on Wednesday, May 1! Learn more [here](#) and help provide a lifetime of support to individuals with developmental or intellectual disabilities!

Give STL Day is a 24-hour, online giving event organized by the St. Louis Community Foundation to grow philanthropy in the St. Louis metropolitan area.

The St. Louis Arc participates because our commitment to building community aligns seamlessly with a community-wide day of giving. So join in on the excitement and let's showcase just how generous St. Louis can be!



May 3: Family Fun Night

Please join us on Friday, May 3, from 6:00 - 7:30 pm for Family Fun Night. The theme of this year's evening will be "the colors of the rainbow". Each classroom, or set of classrooms, is responsible for a section of the garden this year and for planting vegetables that represents their chosen color of the rainbow. The classroom's colors will be highlighted in the activities they offer at this year's Family Fun night. We hope your family plans to stay for the evening, enjoy dinner, and let your children explore the evening's activities. It's a wonderful opportunity to visit with other Childgarden families! Hope you can make it!!

May 6 & 7: Picture Days

Monday, May 6

- Buds, seedlings, Dragonflies, and Sunflowers
- Siblings - if you have two children at the center, their individual pictures and sibling picture will be taken today.

Tuesday, May 7

- Honeybees, Caterpillars, Cosmos and Bluebirds

Lifetouch invites a parent to assist with picture day. The parent assistant will receive a \$50 credit toward their child's pictures. If you have an interest in assisting on May 6 or 7, please let me know!

May 15: Early Closing



A reminder that we will be closing at 5:00 p.m. on May 15 for an evening staff meeting. Thank you for your understanding.